

**Instruction for employees of the Nicolaus Copernicus University in Toruń
concerning the rules of quarantine or isolation in connection with
the Regulation of the Council of Ministers amending the Regulation on the
establishment of certain restrictions, orders and prohibitions
due to the state of epidemic of 2 November 2020 ([Dz.U. of 2020 item 1931](#))**

1. A person who runs jointly a household or lives with a person confirmed to be infected with SARS-CoV-2 shall quarantine from the date on which the person confirmed to be infected with SARS-CoV-2 has had a positive result in SARS-CoV-2 diagnostic test until 7 days after the end of the isolation of the person with whom they run jointly a household or live. No decision by the sanitary inspection authority shall be issued. The grounds for the payment of allowances in the event of illness by the payer shall be a statement made by the insured person on the necessity to quarantine (*[statement by the person living or running jointly a household with the person infected with SARS-CoV-2](#)*).
2. An employee who quarantines or isolates shall inform by telephone or e-mail their immediate superior of their absence from work due to quarantine or isolation.
3. The immediate supervisor shall transmit the information about the employee being quarantined or isolated and the duration of the quarantine to the Department of Human Resources (to the address: kwarantanna@umk.pl in the Toruń campus) or to the CM Department of Human Resources (to the address: kwarantanna1@cm.umk.pl in the Bydgoszcz campus).
4. Where the employee is able to work, the immediate superior shall send in the same email a request for the permission to do remote work by the employee opinionated positively by the superior.
5. The employee who is confirmed to be infected with SARS-CoV-2 (who has been in mandatory isolation since the date of a positive diagnostic test result) **may not perform remote work**. The grounds for the payment of sickness allowance shall be the information provided in the profile of UMK PUE ZUS.
6. In the situation referred to in points 1 and 2, the employee shall be obliged to inform their immediate superior of the reason for their absence from work without the need to provide a decision of a sanitary or sick leave due to home isolation.
7. The obligation to quarantine may arise by law for persons returning to the country after crossing borders. In such a case the sanitary inspection authority does not issue a quarantine decision. In addition, within 3 days of the end of quarantine, the employee is obliged to submit a statement confirming that the quarantine they have quarantined (*[statement on mandatory quarantine after crossing the border](#)*).
8. The employee may apply for care allowance if they take care of quarantined or isolated persons at home:
 - a child under 14 years old,
 - a child with a significant degree of disability or a disability certificate, including the following recommendations: the need for permanent or long-term care or assistance of another person provided by another person in connection with a significantly limited possibility of independent living and the need for constant participation of the child's carer in the process of treatment, rehabilitation and education until the age of 18,
 - another family member.

Quarantine or isolation of a child or other member of the family shall be treated as a sickness of the child or other member of the family

As of 24 October 2020, the grounds for payment of the care allowance shall be the insured person's statement on the necessity to take care of a child or a family member in quarantine or home isolation ([*statement on the necessity to take care of the child or family member in quarantine or home isolation*](#)).