

Instructions for the provision of clinical teaching classes during the period of partial reinstatement of the University's activities during the epidemic

1. Student changing rooms must be equipped with:
 - 1) dispensers with alcoholic hand disinfectant which are refilled on an ongoing basis,
 - 2) containers for medical waste which are emptied on an ongoing basis,
 - 3) wipes or liquid to decontaminate hand equipment (dedicated to stethoscopes etc.),
 - 4) roll towel dispenser – when using a decontamination agent for hand equipment other than wipes.
2. The number of persons who may stay in the changing room at the same time keeping the distance of 1.5 m should be specified.
3. The number of persons who may start classes at the same time may not exceed the number of persons who may stay in the changing room at the same time.
4. The changing room must be cleaned at least twice a day and whenever necessary. Student cabinets should be decontaminated at the end of each day (according to the Hospital Hygiene Plan).
5. In the event that students use disposable clothing, the frequency of cleaning and emptying of medical waste bins should be increased.
6. Breaks between the start of classes by successive groups should not be less than 30 minutes.
7. Students arrive at the hospital premises no earlier than 15 minutes before the start of classes and leave the hospital premises no later than 15 minutes after the end of classes.
8. The number of persons per supervisor shall not exceed 3.
9. A student may not attend classes in different clinics on the same day.
10. Teaching classes may not be conducted in transplantology, haematology and oncology wards.
11. The group supervisor is responsible for students during the internship and for the student's knowledge of and observance of the following hygienic and epidemiological guidelines:
 - 1) Hospital hand hygiene procedures:
 - a) preparing hands for work:
 - short sleeve workwear (nothing below the elbow),
 - natural, short cut nails,
 - no jewellery on hands (rings, wedding rings, bracelets, watches),
 - protection of cuts, scratches, etc. with a waterproof dressing,
 - b) washing and/or disinfecting hands according to the current Aylife technique,
 - c) 5 Stages for Hand Hygiene according to WHO recommendations.
 - 2) Workwear/clothing policy:
 - a) one-day or single-use clothing,
 - b) no civilian clothes should stick out from under the uniform,
 - c) medical boots that are easy to keep clean,

- d) operating clothing is required only in Operating Blocks - it is prohibited to go outside the Operating Block in operating clothing,
 - e) private clothing and any items that are not necessary during classes must be left in the changing room.
- 3) Mobile phones should not be used during teaching classes and while performing medical procedures.
 - 4) The arrival of the student at the clinic or ward must be preceded by an epidemiological telephone interview which is carried out by the supervisor of the year:
In the last 14 days:
 - a) have you had contact with a person who was diagnosed with a coronavirus infection?
 - b) have you had an infection accompanied by shortness of breath or fever?
 - c) have you been under quarantine imposed by the State Sanitary Inspectorate?
 - d) have you been tested for coronavirus?
 12. Only students with negative answers to all of the above questions may participate in practical classes.
 13. In case of a positive answer – postponement of practical classes by 14 days – arrangement of a date with the supervisor of the year.
 14. The group supervisor shall provide the student with:
 - 1) access to hand disinfection agents based on alcohol;
 - 2) access to disposable personal protective equipment (gloves, surgical masks as well as protective aprons and shields, if required);
 - 3) access to disinfectants for small medical equipment (e.g. stethoscope, neurological hammer, etc.);
 - 4) The student is obliged to decontaminate hand equipment each time before and after its use and additionally at the end of the class.
 15. As part of the day-to-day procedure after the end of the class, the participant:
 - 1) disinfects hands;
 - 2) either returns the one-day clothing or disposes of the single-use clothing into a medical waste container;
 - 3) thoroughly washes, wipes or disinfects all items used during the class, e.g. glasses, pens, etc.
 16. Clothing, personal protective equipment and disinfectants which must be provided:
 - 1) one-day / single-use clothing – 1 set per day for each student;
 - 2) alcohol hand disinfectant - 20-30ml/day - optimally providing each student with one bottle of agent 100 ml/4-5 days;
 - 3) surgical mask – 1 mask for every 60 minutes for each student.
 17. The group supervisor is obliged to present the contents of the instructions to the student group in writing before the first class. The student acknowledges that he/she has read the instructions and undertakes to abide by them by signing the said, including the date and time of signing.